



District Health Council Meeting

4:15 pm – 5:30 pm

Wednesday May 30, 2018

Opening

The regular meeting of the District Health Council Meeting was called to order at 4:15pm on Wednesday May 30, 2018 at 255 Pico Avenue, Instructional Services Conference Room, by Dena England.

Present

Jennifer Overman, Rosalena Hefferle, Dena England, Christina Owens, Melissa Roberts, Barbara Ctaks, Dave Striegel, Dianne Bourque, Bonnie Bagheri, Darrin Brant, Roberto Carboni, Ashely Gray

Documents Provided (See attached)

Meeting Agenda

SMUSD Board Policy Student Wellness

SMUSD Administrative Procedure Student Wellness

SMUSD Wellness in Action - Brochure

WellSAT Your District's Scorecard SMUSD 2017

District Health Council Plan School Year 2018-2019

Review Wellness Policy and Procedures

Reviewed history of the Wellness Policy and purpose of District Health Council.

Open Issues

Reviewed (www.the.recoveryvillage.com/resources/fitness-and-nutrition/) proposal to be added on our website. Unanimously dismissed proposal by council.

New Business

Review WellSAT Assessment Tool. Council members volunteered to assess sections of Wellness Policy.

Sections 1: Nutrition Education – Roberto , Rosalena, (Danny? submitted by Melissa)

Sections 2: Standards for USDA Child Nutrition Programs and School Meals – Dena & Roberto

Section 3: Nutrition Standards for Competitive and Other Foods and Beverages – Bonnie & Dena

Section 4: Physical Education and Physical Activity – Dave & Melissa

Section 5: Wellness Promotion and Marketing – Darrin

Section 6: Implementation, Evaluation & Communication - Dena

Goals for 2018/2019

Review goals for next year.

Establish Future Meetings

Council agreed on a minimum of four meeting per year.

Next meeting set for Wednesday, ~~September 12th~~ rescheduled to October 10th from 4:15 pm – 5:30 pm at 255 Pico Avenue, Instructional Services Conference Room.

Adjournment

Meeting was adjourned at 5:33 pm by Dena England. The next general meeting will be at 4:15 pm on ~~September 12th~~ rescheduled to October 10th at San Marcos Unified School District Room 171 Instructional Services Conference Room.

Minutes submitted by: Christina Owens

Approved by: Council approved minutes unanimously at October 10th meeting